

## Authorization for Release of Information

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

I authorize Monica Roman, LPC  
to release information to:

AND/OR

I authorize Monica Roman, LPC  
to obtain information from:

Name of Provider, Facility or Person: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**SPECIFIC INFORMATION AUTHORIZED TO BE DISCLOSED:** (select one or more as appropriate)

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Progress Notes                 | <input type="checkbox"/> Diagnosis                 | <input type="checkbox"/> Treatment Plan               | <input type="checkbox"/> Counseling Attendance |
| <input type="checkbox"/> Discharge Summary              | <input type="checkbox"/> Scheduling / Payment Info | <input type="checkbox"/> Mental Health Record Summary |  |
| <input type="checkbox"/> Other: (please describe) _____ |  |   |  |

**PURPOSE OF THIS REQUEST:**  Healthcare  Family Involvement  Billing Purpose  Aftercare Planning  
 Continuity of Treatment  P.O./Attorney/Judge/Court  Other: \_\_\_\_\_

**One-time Use/Disclosure:** I authorize the one-time use or disclosure of the information described above to the person/provider/organization/facility/program(s) identified. **My authorization will expire:**

- When the requested information has been sent/received.  
 90 days from this date.  Other: \_\_\_\_\_

**Periodic Use/Disclosure:** I authorize the periodic use/disclosure of the information described above to the person/provider/organization/facility/program(s) identified as often as necessary to fulfill the purpose identified in this document. **My authorization will expire:**

- When I am no longer receiving services from the Monica Roman.  
 One year from this date.  Other: \_\_\_\_\_

The designated information about me  **may**  **may not** be transmitted by *fax, electronic mail or other electronic file transfer mechanisms*. Monica Roman and the above designated person  **may**  **may not** discuss by *telephone* the content of the information released.

**I understand that:**

- I understand that my communications in therapy are protected under federal and state confidentiality regulations and cannot be disclosed without my written authorization. This is to certify that I have given consent freely and voluntarily, and that the benefits and disadvantages of releasing the information, if known, have been explained to me.
- If the person of facility receiving this information is not a health care or medical insurance provider covered by privacy regulations, the information stated above could be redisclosed.
- I do not have to sign this authorization and that my refusal to sign will not affect my abilities to obtain treatment.
- I may cancel this authorization at any time by submitting a *written* request to the Monica Roman, except where a disclosure has already been made in reliance on my prior authorization.
- If the medical record information is not sent to another care provider, there may be a charge of the requested records.
- I hereby release all parties stated here with from any liability resulting from the release of this information.
- I agree that a photocopy of this release shall be as valid as the original.



Signature of Client (Parent/Guardian): \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Monica Roman, LPC: \_\_\_\_\_ Date: \_\_\_\_\_